



# PELVIC FLOOR CLINIC

Pelvic Floor Dysfunction is one of the most common medical problems affecting men and women today.

Our program is designed to meet your specific needs and goals.

The Pelvic Floor Clinic utilizes the skills of a multi-disciplinary group of experts to comprehensively evaluate people struggling with pelvic floor dysfunction, from medical and physical issues to nutritional and emotional challenges. Each member of our team specializes in the diagnosis and treatment of pelvic floor dysfunction, a term applied to conditions that affect the pelvic organs and muscles. Since symptoms are unique to each person, the treatment plan must also be unique.

Our Staff of a highly trained doctor, physical therapist, and nutritionist can help with the following conditions...

- Pelvic Floor Tension/Pain
- Urinary/Fecal Incontinence and Voiding Problems
- Constipation
- Pregnancy/Post-Partum Pain
- Interstitial Cystitis

## Restore Motion Physical Therapists

Restore Motion's highly skilled physical therapists have over 20 years of experience in treating pelvic floor dysfunction. We have advanced training in osteopathic manual therapy. We are at the forefront of our profession and teach at local universities and train colleagues from all over the world. At the Pelvic Floor Clinic, Restore Motion's Physical Therapist will provide a Musculoskeletal Evaluation and an Individualized Plan of Care.

## ROSM: Regenerative Orthopedics & Sports Medicine

ROSM physicians are board certified specialists in Physical Medicine & Rehabilitation. ROSM physicians are considered a national leader in regenerative orthopedics and have specialized interest in pelvic floor dysfunction. At the Pelvic Floor Clinic, ROSM physicians offer the following services: Functional Exam, Dynamic Ultrasound Evaluation, Diagnostic and Therapeutic Injections.

## Oxford Nutrition

A Licensed Nutritionist specializing in women's health will provide nutritional counseling and support for specific conditions including: Women's wellness and total body health, Inflammation, pelvic pain, and vulvodynia, Candida, Bacterial Vaginosis, Interstitial Cystitis, and Irritable Bladder, Pre & Post-Natal, and Menopause.

