



Birth & Babies Fair

Sponsored by Midwives of Medstar

Sunday, October 9, 2016

Silver Spring Civic Building, 1 Veterans Pl, Silver Spring MD 20910

Educating, Empowering & Connecting Montgomery County Families

- ♡ 12 educational sessions on pregnancy, birth and early parenting
- ♡ Exhibit Hall featuring premier local resources and businesses
- ♡ Children's play area, infant play classes and babywearing lounge
- ♡ Goody bags and door prizes
- ♡ Children attend for free!

Register online at www.birthandbabiesfair.com

Follow us on Facebook: [eat-sleep-love birth and babies fair](https://www.facebook.com/eat-sleep-love-birth-and-babies-fair)

- Sleeping
- Breastfeeding
- Babywearing
- Behavior
- Food health and safety
- Work/home life balance
- Moms support groups
- Midwives Obstetricians
- Doulas Pediatricians
- Therapists
- Infant/toddler classes
- Local businesses

Donate maternity/nursing bras or feminine hygiene products at Birth & Babies Fair for an extra entry for our door prize! In partnership with Support the Girls.



SUPPORT THE GIRLS

Enter promo code **ESLSPECIAL** for a discount when you register:

\$20 for one adult
\$35 for two adults
Children are *free*



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